

Bedrest / NICU Resources

PREGNANCY ASSISTANCE AUDIO



PARENTING IN THE WOMB: *Parenting Your Baby Before Birth*. Pregnancy is a parenting experience, no matter what the outcome. It is always an unknown journey. Even if you've been there before, each pregnancy and each child is unique. This CD is about how you as a parent can nurture and care for your baby as he or she grows and develops within. As you listen, you will get intimately in touch with how your role as a parent can impact both you and your baby. *Item CD #PY-0452. \$15.00*

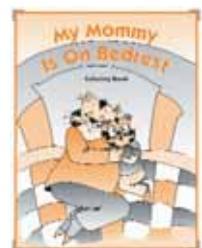
BEDREST



Days In Waiting: A Guide to Surviving Pregnancy Bedrest is packed with coping suggestions and lists of questions to ask caregivers. Checklists with space to record the doctor's answers make this more than just a book to read and then put away. Offers both organizational tips as well as emotional support. (8 1/2" x 11", 144 pages) *Item #DI-0259. \$11.95*



A book for children ages 2-10 whose mother is on bedrest, ***And Mommy's On Her Side***, will help explain bedrest to younger children and serve as a wonderful keepsake in the years ahead. (FULL COLOR, 9" x 12", 24 pages) *Item #AM-0278. \$7.50*



My Mommy Is On Bedrest is a COLORING BOOK created to help children deal with their feelings about Mom's pregnancy bedrest. Simple story line accompanies pictures to color. (8 1/2" x 11", 16 pages) *Item #CB-0286. \$4.95*

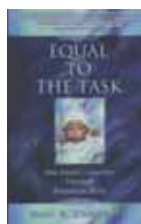
PRETERM BIRTH / NICU



The Premie Parents' Companion is thorough, yet easy to read, as it helps parents adjust to the NICU environment and offers valuable information following the child's discharge through the toddler and preschool years. (6" x 9 1/2", 304 pages) *Item #PP-0353. \$16.95*



Parenting Your Premature Baby and Child is for parents whose children who have had a premature child. Different from many of the available resources, it focuses on feelings, relationships, and long-term parenting of a child that was born early. It provides suggestions and support for coping, adjusting, and finding your way. (6" x 9", 882 pages) *Item #PY-0342. \$24.95*



Written by a father whose son was born prematurely with a life threatening condition, ***Equal To The Task*** shares one family's roller coaster journey in the NICU and beyond. A compelling story that has a wonderfully happy ending, the book will help other parents understand both the medical issues and emotional difficulties that are often part of having a critically ill infant. (6" x 9 1/2", 225 pages) *Item #ET-0412. \$19.95*



Caring for Your Premature Baby is a comprehensive resource written for parents as they decipher the massive amounts of medical information being offered them while learning the special care that premature infants require. Interspersed with personal stories, the book offers suggestions on how to be advocates, work with insurance companies, and deal with the emotional roller coaster. (7 1/4" x 9 1/4", 245 pages) *Item #CF-0293. \$15.00*



Your Premature Baby offers parents valuable information about the child-birth, treatment, and parenting of premature infants. An easy to read book that explains medical complications, diagnosis, treatments, and prognosis as well as medical terms and financial aid resources. (5 1/2" x 8 1/2", 296 pages) *Item #YP-0294. \$16.95*



Baby Talk & Special Beginnings is a combined work of the two booklets by the same name. The first part of the book helps parents of a child in the NICU understand their baby's signals and suggests ways to help the baby develop. The second part of the book addresses the emotional needs of parents and explains how children in a NICU need touch, love and warmth from both parents. (5 1/2" x 8 1/2", 30 pages) *Item #BT-0374. \$4.95*



When a Child Dies in the NICU: Peace & Remembrance is for parents whose children die in the neonatal intensive care unit (NICU). Issues like telling other children the news, dealing with medical staff and making funeral arrangements are all covered. (5 1/2" x 8 1/2", 34 pages) *Item #PA-0367. \$3.65*

Peace and Remembrance in Spanish *Item #PA-0466. \$3.65*



My NICU Baby Book has basic information about the NICU as well as charts measuring a baby's growth, space to write questions, journal feelings, record phone numbers, and chart feedings. (8 1/2" x 11", 48 pages) *Item #MN-0149. \$9.95*

FOR CHILDREN



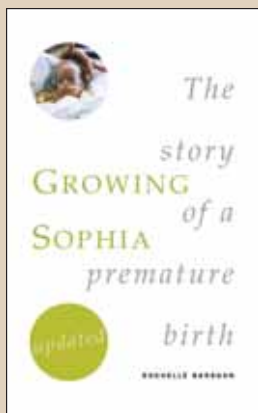
Our New Baby Needs Special Help is a coloring book for families whose new baby has problems, deals honestly with the feelings of each family member, including the sibling, as stress takes its toll following the birth of a baby with special needs. (8 1/2" x 11", 16 pages) *Item #ON-0153. \$3.95*



My Premie Brother COLORING BOOK prepares children for their visit to the NICU, seeing all the tubes and machines, and spending time in the hospital Sibling Center. Simple story line. (8 1/2" x 11", 16 pages) *Item #CB-0292. \$4.95*



Katie's Premature Brother is written for siblings of NICU babies. It deals openly with the questions and concerns of a child. (8" x 8", 12 pages) *Item #KP-0269. \$3.25*



Growing Sophia Is Back!

Growing Sophia - The story of a premature birth was one of the first books published by A Place To Remember. After several years of being out of print, we are happy to announce that an updated edition has been published by Humming Wing Press. *Growing Sophia* is the tender telling of the very early birth of Sophia, born at twenty-four weeks gestation. But the book is much more than a personal story. Under headings such as Grief, Guilt, Affection, Patience, Breastfeeding, Touch, Machines, and Hope, Rochelle Barsuhn honestly depicts the NICU experience through brief, evocative vignettes. With practical coping suggestions, a glossary of common terms, a bibliography, and a list of resources, this book recognizes and validates the needs and feelings of parents of premature infants. ENDORSED BY DR. T. BERRY BRAZELTON (6"x 9", 151 pages) *Item #GS-0481. \$13.00*

NICU SERIES: for use in special care nurseries



Nursery Welcome Tag: Ideal for displaying on or near the isolette, warming bed, or crib after the baby's admission to the NICU. (7"x5")

Space for name, birthdate, parents, weight, length and siblings.

Blue *Item #NB-3547. \$1.50*

Pink *Item #NP-3553. \$1.50*



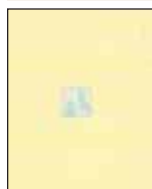
Caregivers' Card: To provide a gesture of support from a nurse, social worker or physician.

Cover Text: *A tiny hand to hold*

Inside Text:

I know this is a difficult time for you. As you get to know your precious baby, please know that I am available to talk, answer questions, and offer support. Includes place for phone number

(5"x7") *Item #CC-3524. \$2.00*



Bedside Communication Card:

Provided to note baby's particular needs, preferences, and dislikes. It gives parents an opportunity to communicate with professionals and advocate for their baby even when they are not in the NICU.

Includes place to write important phone numbers

(4"x5") *Item #BC-3563. \$2.00*



Q & A Notepad: Helps parents communicate their concerns and questions and for caregivers to conveniently respond.

Includes place for date, who from, question, and answer.

50 pages/pad. (5½"x8½")

Item #QA-3571. \$3.00/pad



NICU Graduation Certificate: A proclamation to commemorate baby's day of discharge. Room for footprints or handprints.

Text: *Congratulations and fond wishes from your friends.*

Includes place to record baby's name, medical facility, release date, pounds, ounces, inches

(11"x8½") *Item #GC-3538. \$2.00*



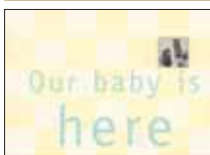
Parents' Keepsake: Caregivers can fill out birth information and attach an instant photograph or footprints/handprints. (Especially meaningful for mothers who cannot immediately visit their babies.) Includes envelope.

Inside Text:

One moment at a time... / One hour at a time... / Day by day... / Progress is measured / In tiny steps

Place to write name, date of birth, arrival time, weeks gestation, weight, length, hair, parents, siblings, grandparents

(5"x7") *Item #PK-3546. \$3.00*



Birth Announcement:

For announcement of an early birth. Parents can insert the cut-out baby figure and write in vital stats. Includes envelope and baby.

Inside Text:

Please welcome this early addition to our hearts and lives.

Place to write date of birth, arrival time, weeks early, parent's names

(7"x5" opens to 7"x13") *Item #BA-3582. \$2.35*



Premature Baby Announcement:

Includes envelope. (5"x7")

Inside Text:

Please think of us as we anticipate a joyful homecoming for this precious one.

Place to write parent and baby's names, weeks early, pounds and ounces, inches, date of birth, time of birth

Blue *Item #PB-3517. \$2.00*

Pink *Item #PP-3591. \$2.00*



Birth Announcement - Multiples: Parents can customize by inserting 2 or more baby figures. Babies have space to write name and other vital statistics; angel baby includes space to write in the date of death. Includes envelope.

Inside Text:

These precious babies have enriched our lives forever.

Place to write date of birth, arrival times, and parent's names

Card (7"x5") *Item #BM-3508. \$2.00*

Baby insert (2½"x4") *Item #BB-3542. \$.35/ea*

Angel Baby insert

(2½"x4") *Item #BA-3567. \$.35/ea*